

Find a Doctor in Your Plan

Quick Tips:

- You will pay the lowest costs for services when you see an “in-network” doctor.
- Call your insurance company or look on its website.
- Use the [provider search](#) to find doctors near you who accept your insurance.
- Call the doctor’s office to be sure he or she accepts your insurance.

Try IT!

1. Open Internet browser
2. Type <https://providersearch.crisphealth.org> into browser
3. Type **Provider Name** or Select **County**
4. Click **Search**



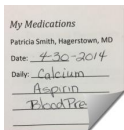
Using Your New Coverage

Tell your doctor:

- “I am a new patient”
- “My insurance plan is _____”

Prepare for the first visit. Bring your:

- Medicine List



- Insurance Card



- [Copayment](#)



During your appointment

- Explain your symptoms
- Provide health history
- Mention allergies or problems with medicines

After your appointment

- Always follow your doctor’s instructions
- Call if you **DO NOT understand** instructions after you get home
- Talk with your doctor or pharmacist before you stop any prescribed medication
- Call if symptoms worsen
- Make appointment for test or specialist if needed
- Call your doctor’s office to find out test results

Be sure to pay your bill on time.

Learn more about [making payments](#)

Healthy Habits

Get regular check-ups

- [Many check-ups, shots and screenings](#) are covered at no cost to you.
- A regular check-up is a good time to talk with your doctor about how you can become healthier. Your provider may have ways to help you achieve your health goals.

Put your health first

- Make time for exercise, relaxation, and regular check-ups with your provider.
- Learn more about what you can do to stay healthy, and share what you learn with your family and friends.

Keep track of your health information:

My Medications	My Insurance	My Doctors
 <div> Keep track of medications including name, dosage and purpose </div>	<div> Have your insurance information handy and all in one place </div> 	 <div> Keep a list of your doctors and pharmacists, and their contact information </div>

Understand Your Insurance Plan

Quick Tips:

- All private health plans must offer (at a minimum) core benefits like doctor visits, hospitalization and maternity care. [See all services that must be covered.](#)

Know what check-ups and health services your plan covers:

- Visit your insurance company's website or review any information mailed for what your plan covers.
- [See details](#) of your plan coverage and costs.
- Call your insurer directly to find out what is covered. Have your plan information available.
- Review any coverage materials that your insurance company mailed to you.

Understand words and phrases that are used by your health insurance plan:

- Common words that may affect how much you will pay for services are [deductible](#), [coinsurance](#), [network](#), and [copayment \(copay\)](#).
- [See our full glossary.](#)

Marylanders in Medicaid and MCHP

Newly enrolled in Medicaid or MCHP? What's next:



- You will receive a red and white card and an enrollment packet in the mail within 14 days.
Do not throw away this card.
- When you receive your enrollment packet in the mail, you will:
 - Find out from your doctors which managed care organization (MCO) plans they accept
 - [Pick an MCO to provide your care](#). If you do not pick an MCO, the state will pick one for you.

What benefits are covered?

Your MCO covers these services and more:

- Visits to the doctor, including regular check-ups
- Pregnancy care
- Family planning and birth control
- Prescription drugs
- Hospital services
- Emergency services
- Primary mental health services through your doctor

Maryland Children's Health Program (MCHP) gives full health benefits for children up to age 19.

Benefits for children include these and more:

- Doctor visits (well and sick care)
- Hospital care
- Lab work and tests
- Dental care and vision care
- Immunizations (shots)
- Prescription medicines
- Transportation to medical appointments

Find a Doctor Who Accepts Medicaid or MCHP

Quick Tips:

- Use our provider search: <https://providersearch.crisphealth.org/>
- When you make a doctor's appointment, let them know you are enrolled in Medicaid or CHIP, or give them the name of your MCO.

[Compare MCOs:](#)

- AMERIGROUP Community Care
- Maryland Physicians Care
- Priority Partners
- UnitedHealthcare
- Jai Medical Systems
- MedStar Family Choice
- Riverside Health of Maryland

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What If I'm Not Covered Yet?

Open enrollment begins Nov. 15

[Learn if you could still get covered and how to enroll](#)

After Open Enrollment, you can still enroll in private coverage through Maryland Health Connection or change your current plan if you have a [qualifying event](#). Examples include:

- Giving birth or adopting a child
- Change in income
- Losing your current coverage



Medicaid enrollment continues year-round. If you [qualify for Medicaid](#), apply at MarylandHealthConnection.gov



Get Help

- Call us toll-free at 855-642-8572 (TTY 855-642-8573)
- [Find your local consumer assistance organization](#)
- [Authorized insurance brokers](#)

Share Your Story

Tell us how getting covered has helped you!

[Share Your Story](#)



Use hashtag #GetCoveredMD



Share Your Story